

Abstract

This research related to developing the life quality of the elderly by applying Sufficiency Economy based schooling. The purposes of the research were to (1) study the level of life quality of the elderly (2) analyse factors relating to life quality of the elderly and (3) set up guidelines to enhance life quality of the elderly by applying Sufficiency Economy based schooling. The samples in the study were 83 elderly living in Suraolumkaeg community. A questionnaire was employed as a research tool to collect data. The questionnaire content consisted of 6 different areas including of positive emotion, personal interaction, favourable environment, positive health condition, social organization and self-determination. Then the data were analysed by using frequency to describe the characteristic of the samples. In terms of analysis on the level of life quality of the elderly , frequency, mean and standard deviation were used. Furthermore, the researcher analysed and divided factors relating to life quality of the elderly and then set up guidelines to develop life quality of the elderly based on the cooperation between the school administrative and teacher and applying Sufficiency Economy based schooling. The result of this research revealed that life quality of the elderly is in a high level as the result of high personal interaction, social organization, positive emotion and positive health condition orderly. While favourable environment and self-determination is in the lower level. The result additionally indicated that positive emotional factor related to loneliness and well-being factor concerned healthcare and healthy diet. Lastly, factor in self-determination related to freedom-of-thinking and being able to make self-decision. The research found that the guidelines to enhance life quality of the elderly by applying Sufficiency Economy based schooling has been agreed by the scholars. Therefore, it is able to apply and study on the life quality of the elderly in the second phase.

Keyword: Life quality, School based, Sufficiency economics, Elderly