

Abstract

The study focused on factors affecting life satisfaction of the elderly in Bangkok. The purposes of this study were to (1) study the level of life satisfaction of the elderly in Bangkok based on their individual factors, (2) study the relationship between related factors and life satisfaction of the elderly, and (3) investigate factors affecting the level of life satisfaction of the elderly.

The research cohort consisted of 211 elderly residing in Bangkok. Questionnaire on life satisfaction of the elderly was employed as a research tool to collect data. The questionnaire was approved as content validity (IOC=0.66-1.00) and reliability which was able to respectively classify into the factors of personal information, well-being, self-acceptance, environment, and overall at 0.961, 0.983, 0.976, 0.973, and 0.980.

The research found that life-satisfaction of the elderly in Bangkok was between the levels of somewhat satisfied to satisfied. The research participants defined the factor of general environment as the first rank followed by well-being, personal information, self-acceptance and lifestyle. The research further discovered that factor most directly related to their level of life satisfaction is self-acceptance followed by well-being, general environment, and personal information. Lastly, the research additionally revealed that the factors of self-acceptance and general environment most affect the level of life satisfaction of the elderly. The equation for forecasting life satisfaction of the elderly residing in Bangkok was $0.414 \cdot \text{self-acceptance} + 0.307 \cdot \text{general environment}$.

Keywords: General environment, Life satisfaction, Self-acceptance, The elderly