

ABSTRACT

Research Title : Positive thinking Training Module effected to Gratitude Of the
University Students

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The purposes of this research were (1) to develop the Positive thinking Training Module for University students, (2) to study the result of the implementation of the Positive thinking Training Module towards the gratitude of the university students. The Positive thinking Training Module was constructed based on psychology of positive thinking and thanking, as well as Buddhism Ethipaayaj Principles or states dependently according to conditionality. The samples of the study were consisted of 124 students of Suan Sunandha Rajabhat University were randomly divided into 2 groups: 61 students of an experimental group and 63 students of a control group by the Stratified Random Sampling. The research design was Pretest–Posttest Control Group Design. The statistical analysis was t-test

The research findings was as follows:. After the termination of the Positive thinking Training Module implementation, it was found out that the trained students had the higher scores level on being grateful to person and motherland, positive behavior to self and society aspects in term of health care, self-learning development and public awareness than the untrained students at the statistical significance of 0.05