## Abstract

**Research Title**: Leisure Time Usage of Suan Sunandha Rajabhat University's

Undergraduate Students

**Author** : Siriporn Poolsuwan

**Year** : 2015

The purpose of this study is to investigate the activities and problems of Leisure time usage of Suan Sunandha Rajabhat University's undergraduate students. The Samples were 390 students who were studying in the academic year 2014. The quantitative approach uses in research by percentage, means, standard deviation, T-test and One-way Anova.

The results are shown as following

- 1. Most students to be alone as they have Leisure time (63.85%) and lived with their friends (36.15%). The place of doing activities is at home/dormitory (53.33%), at public space (11.54%), at the mall (9.23%), at the internet café (6.41%), at desk of their group (5.90%), at the gym/stadium (5.13%) and at library (3.33%).
- 2. Type of activities in Leisure time of Suan Sunandha Rajabhat University's undergraduate students as a whole was moderate level. The use of leisure time in the academic ( $\overline{X}$  = 3.56), the extra-curricular activity ( $\overline{X}$  = 3.24) and the recreational ( $\overline{X}$  = 2.90) were highest level and the earn extra money ( $\overline{X}$  = 2.47) was low level.
- 3. The comparison and analysis of variance (One-way Anova) of the leisure time usage between sex, age and student year and the leisure time usage in 4 activities, such as the academic activities, the extra-curricular activities, the recreational activities and to earn extra money activities as a whole were not different. (significant = .05)
- 4. The problem of the leisure time usage of Suan Sunandha Rajabhat University's undergraduate students were Suan Sunandha Rajabhat University's activities

area, Suan Sunandha Rajabhat University's technology and Suan Sunandha Rajabhat University's environment.